

TIMETABLE
International Coaching Course 2017
13 - 19 November

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00-9:30	9:00 - 11:15 Sport Therapy Dr. Lukasz TRZASKOMA	Sport Specialization	8:30 - 9:30 Sport Pedagogy EXAM	Sport Therapy <i>practical</i> Ms. Szilvia VASS	Sport Specialization	EXCURSION AGGTELEK (National Park) MISKOLCTAPOLCA (thermal & cave bath) <i>Departure at</i> 7:00 AM	Football match between: 13:00-16:00 building "D" International students vs. TF staff
9:45-11:15			Training Theory <i>last class</i> Prof. Dr. Zsolt RADÁK				
11:30-13:00	Sport Physiology Prof. Dr. Gábor PAVLIK		General Conditioning	Sport Management Dr. Tamás STERBENZ			
13:45	Sport		Sport	Sport			

EXCURSION: 1. Aggtelek National Park (cave tour); 2. Miskolctapolca (thermal and cave bath)
Necessary to bring: jacket , food, swimming suit, slippers, towel

DEPARTURE TIME IS STRICT DUE TO THE LONG DISTANCE SO IF YOU WILL BE LATE YOU MISS THIS TRIP!