

**TIMETABLE**  
**International Coaching Course 2019**  
**18 - 24 NOVEMBER**

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
8:00-9:30		<b>Sport Specialization</b>	<b><u>9:00 - 9:30</u></b> Sport Psychology  <b>TEST</b>	Sport Pedagogy last class  <i>Laptop</i>	<b>Sport Specialization</b>	<b><u>EXCURSION</u></b>  AGGTELEK (National Park)  MISKOLCTAPOLCA (thermal & cave bath)  <b><u>Departure at</u></b> <b><u>6:30 AM</u></b>	<b>FREE</b>	
9:45-11:15	General Conditioning last class		Sport Therapy Dr. Lukasz TRZASKOMA	Sport Therapy Dr. Lukasz TRZASKOMA				Sport Therapy Dr. Lukasz TRZASKOMA
11:30-13:00	Sport Therapy Dr. Lukasz TRZASKOMA			Sport Management  <i>Laptop</i>				
13:45	Sport		Sport	Sport				

Recommended to bring: warm jacket, food, swimming suit, slippers, towel  
**DEPARTURE TIME IS STRICT DUE TO THE LONG DISTANCE SO IF YOU ARE LATE YOU WILL MISS THIS TRIP!**