



Bence Molnár

- *Physical Education Teacher*
- *Department of Swimming and Water Sports*
- *Management mandate: -*
- *Year of birth: 1997*

Qualifications, academic degrees

University degrees

- *Hungarian University of Physical Education, Physical Trainer in Swimming BA*
- *Eötvös Loránd University, International Relations Expert BA*
- *Eötvös Lóránd University, Management and Leadership MA (in progress)*

Academic degrees and titles

- -

Professional career

Previous and current jobs, positions and titles

- *Iron Swim, swimming coach 2020–2022*
- *Hungarian Swimming Association, Mid-Hungarian 1 Region leader, 2021–*
- *Hungarian University of Physical Education's Swimming Club, Instructor, 2022–*
- *Hungarian University of Sport Science, Physical education teacher 2022–*

Public activities at the university (board memberships, leadership positions)

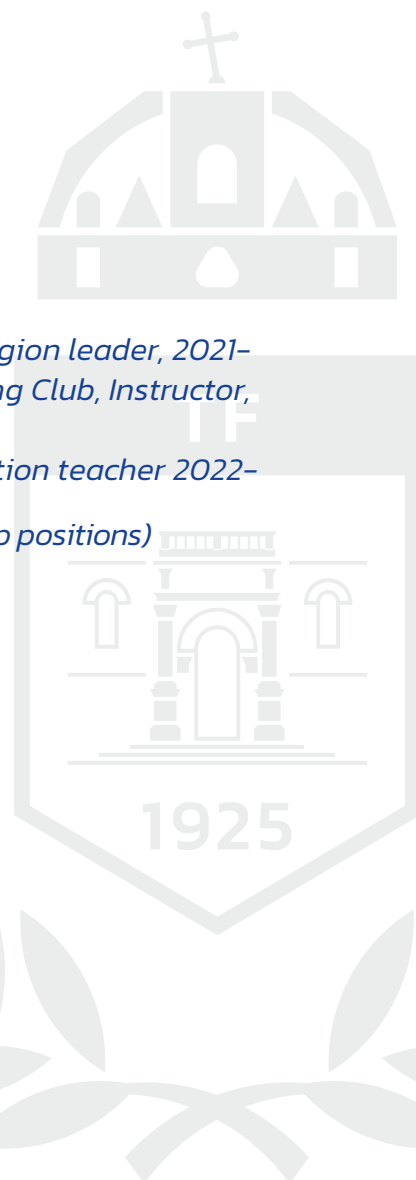
- -

Key study trips, missions

- -

Awards, titles, honours

- *Scientific Students' Associations, Special Award 2021*



Language skills

language	speaking skills	writing skills	reading skills	do you do media appearance?
English	yes	yes	yes	-
German	yes	yes	yes	

Research, expert activities

Major subjects and topics taught

- *Swimming*

Field and discipline

- -

Current research topics

- *Sleep Hygiene and Sleep Quality in Swimming, Regeneration Techniques in Swimming*

Former research topics

- *Sleep Hygiene and Sleep Quality in Swimming*

Key research

- -

Membership of a scientific or professional organization or body

- *Hungarian Swimming Association, Region Leader*

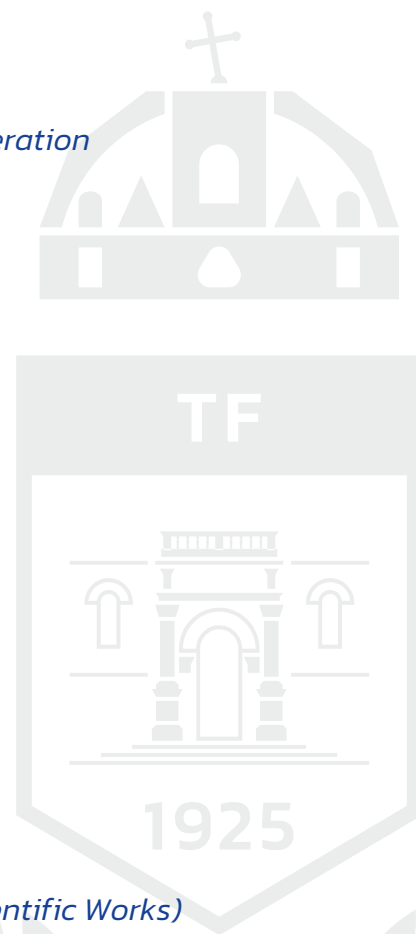
Editorial board memberships and positions

Expert advisory activities

- -

Publications

- *My publications in MTMT (Catalogue of Hungarian Scientific Works) (link)*



Contacts

University residence

- *Building:* K2
- *Room:* ground floor 10.
- *Phone number(s):* +36-1-488-3001
- *E-mail address:* mago.gabor@tf.hu

Other professional profiles

- *LinkedIn:* [linkedin.com/in/molnárbenca](https://www.linkedin.com/in/molnárbenca)
- *MTMT:* -
- *Scholar:* -
- *Other(s):* -

