



Name

- Role: university associate professor
- Department: Gymnastics, Dance, RG, Aerobics
- Management mandate: subject manager
- Year of birth: 1972

Qualifications, academic degrees

University degrees

- PE teacher
- MsC gymnastics coach

Academic degrees and titles

- PhD Natural sciences

Professional career

Previous and current jobs, positions and titles

- Földes Ferenc High School, Miskolc, PE teacher
- Current: Hungarian University of Physical Education and Sports Science, Budapest, lecturer

Public activities at the university (board memberships, leadership positions)

- Management of gymnastics, general conditioning specialist group

Key study trips, missions

- National Taiwan Sport University (NTSU), Taiwan, 2017–19
- University of Chichester, England, 2012
- Deutsche Sportshochschule Cologne, Germany 2000
- University of Jyväskylä–Faculty of Sport and Health Sciences, Finland, 2000
- USA Gymnastics National Team Training Center, Karoly Ranch, United States, Texas 1999–2015

Awards, titles, honours

- JUDGES' LONGEVITY OF SERVICE AWARDS, international competition judge gold grade with gold badge (FIG) Federation Internationale de Gymnastique, 2019, 2022



- Dean's Commendation (from Dr. Mihály Nyerges, Dean of the TS Faculty of Semmelweis University), 2002

Language skills

language	speaking skills	writing skills	reading skills	take part in a media event?
English	intermediate	intermediate	intermediate	
French	intermediate	intermediate	intermediate	

Research, expert activities

Major subjects and topics taught

- General conditioning
- Functional General conditioning, the teaching methodology of forms of movement for rehabilitation purposes
- Gymnastics

Field and discipline

- Natural sciences, human kinesiology
- Biomechanics

Current research topics

- The effect of the load components of teenage male gymnasts on the development of performance
- The influence of the rules of international men's gymnastics on the composition of exercises

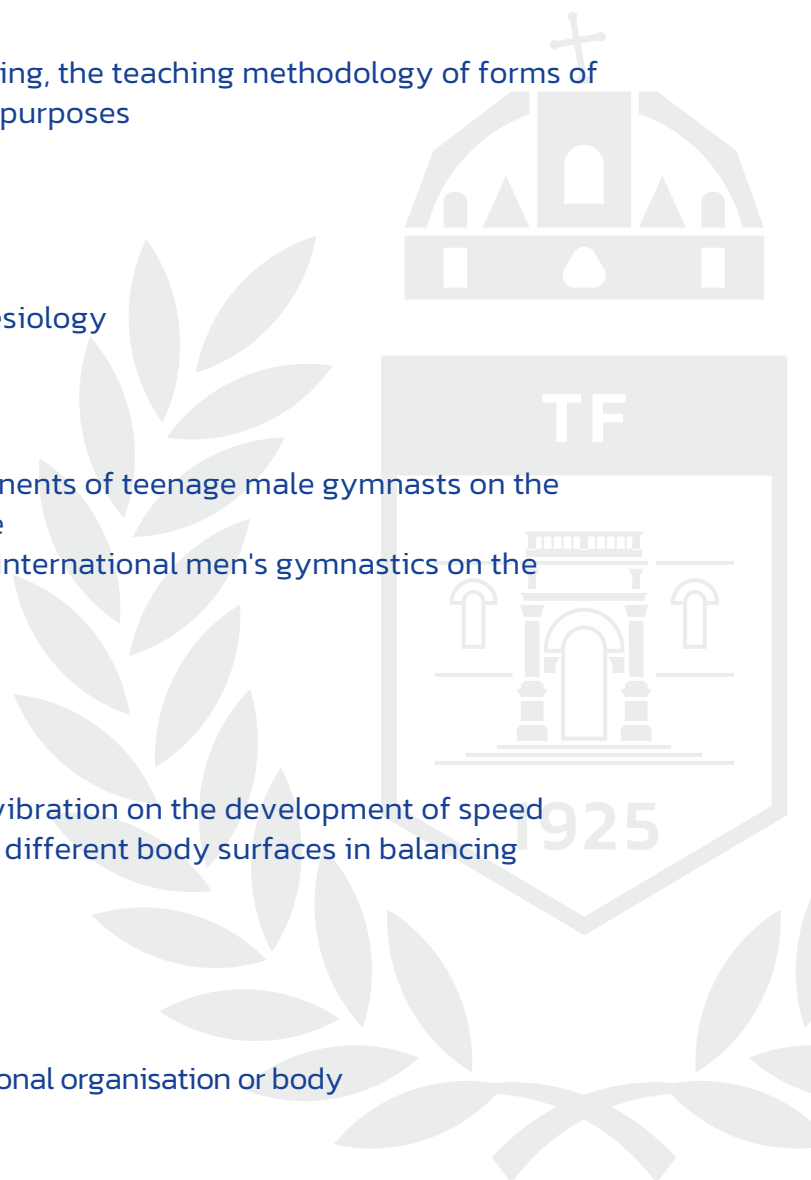
Former research topics

- The effect of its mechanical vibration on the development of speed
- The role of proprioception of different body surfaces in balancing

Key research

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Membership of a scientific or professional organisation or body



- National Association of Hungarian Physical Education Teachers,
- TFSE
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Editorial board memberships and positions

- 1
- 2

Expert advisory activities

- 1
- 2

Publications

- My publications in MTMT (Catalogue of Hungarian Scientific Works) (link) <https://m2.mtmt.hu/gui2/?mode=search&query=author;label;any;Gyulai%20Gergely>

Contacts

University residence

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- Room: I/23
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Other professional profiles

- LinkedIn:
- MTMT:
- Scholar:
- Other(s):

