



Gábor Farkas

- *assistant lecturer*
- *Combat Sports Department*
- *Year of birth: 1988*

Qualifications, academic degrees

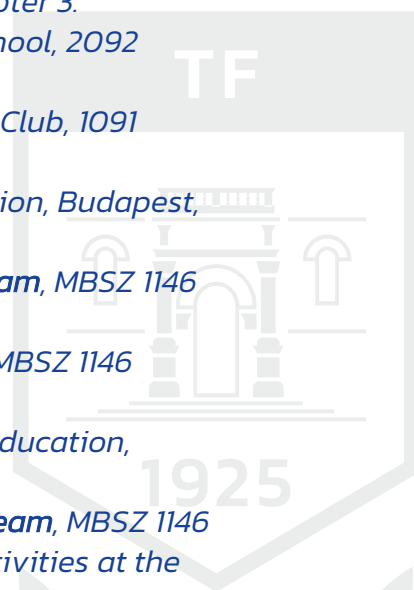
University degrees

- *2006–2009: SE-TSK: Physical education and wrestling coach (Bsc degree)*
- *2009–2012: SE-TSK: Physical education and Adapted physical education teacher training course (Master's degree)*
- *2021–2023: MTSE (HUSS): Wrestling Coach (Master's degree)*
- *2020–2023: ICECP (International Coaching Enrichment Program), University of Delaware, USA*

Professional career

Previous and current jobs, positions and titles

- *2012–2013 Personal trainer, Fitt4me, 2092 Budakeszi, Főtér 3.*
- *2013–2015 PE teacher, Széchenyi István Elementary School, 2092 Budakeszi, Knáb j. U. 60.*
- *2013– Wrestling coach in freestyle, Ferencvárosi Torna Club, 1091 Budapest, Üllői út 129.*
- *2015– Assistant Lecturer, University of Physical Education, Budapest, Alkotás út 44.*
- *2015, 2018 National Coach of U15 National Freestyle Team, MBSZ 1146 Budapest, Istvánmezei út 1–3. (MSH) I. em. 104.*
- *2016–17 National Coach of U17 Female National Team, MBSZ 1146 Budapest, Istvánmezei út 1–3. (MSH) I. em. 104.*
- *2017–2020 Dormitory Director, University of Physical Education, Budapest, Alkotás út 44.*
- *2019– National Coach of U17 Male National Freestyle Team, MBSZ 1146 Budapest, Istvánmezei út 1–3. (MSH) I. em. 104. Public activities at the university (board memberships, leadership positions)*
- *2022– Member of Methodology Center, Kozma István Hungarian Wrestling Academy, Budapest, Hollandi út 8, 1213*



Language skills

language	speaking skills	writing skills	reading skills	take part in a media event?
English	intermediate level	intermediate level	intermediate level	yes

Research, expert activities

Major subjects and topics taught

- *Basics of combat sports I.*
- *Wrestling and teaching methodology*
- *Combat sports II.*
- *Teaching methodology of combat sports II.*
- *Sports theory and practice I–VI.*
- *Specialties of youth training I–II.*

Current research topics

- *Multi-aspect analysis of wrestlers' performance.*
- *Specifics of the technical and tactical training of youth wrestlers*

Former research topics

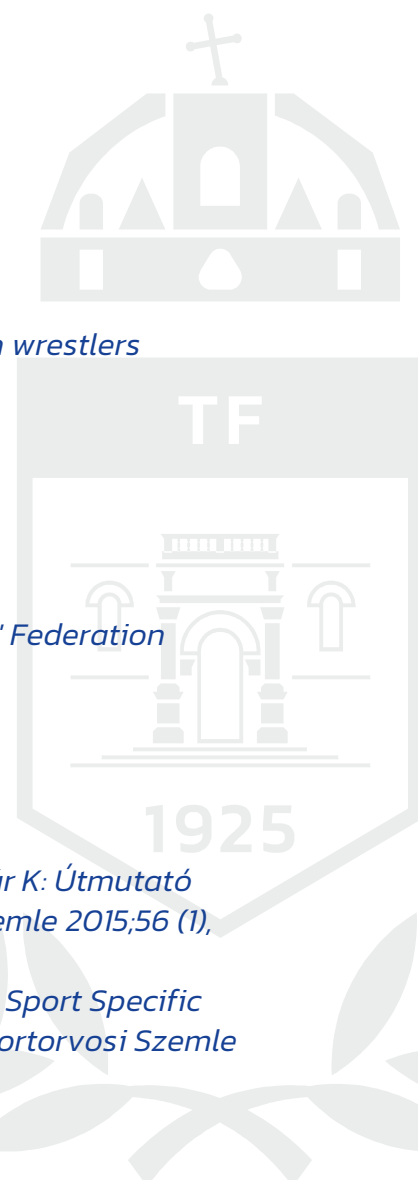
- *Components of action effectiveness in wrestling*

Expert advisory activities

- *Professional Committee member, Hungarian Wrestlers' Federation (2019–)*

Publications

- *Molnár SzL, Farkas G, Rögler G, Bacsa P, Péteri L, Gáspár K: Útmutató Birkózó Versenyek Orvosi Ellátásához. Sportorvosi Szemle 2015;56 (1), 12–14.*
- *Rögler G, Molnár SzL, Berkes I, Barna T, Farkas G, Gál V: Sport Specific Rehabilitation of Wrestlers following an ACL injury. Sportorvosi Szemle 2013;54(1), 26–33.*



- Molnár SzL, **Farkas G**, Rögler G, Bacsa P, Péteri L, Gáspár K: *Practical medical guide for wrestling competitions. International Journal of Wrestling Science* 4 (2), 33–36
- **Farkas G**, Barna T., Németh E., Horváth T., Bretz K.J., Nyakas Cs., Bretz K. (2015) *Amatőr sportoló nők koordinációs teljesítménye és szorongása. Színes sportudomány. Tanulmányok a 45. Mozgásbiológiai Konferencia előadásaiból* (Szerk.: Borbély A., Hamar P., Kotányi M.), Budapest. 61–64. ISBN 978-963-9822-38-2.
- **Farkas G**, Bretz K., Barna T.: *A birkózás a 2016-os riói olimpia tükrében. TST 3. évfolyam 1-2. szám (2018)*

Contacts

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