



## Balázs Sonkodi, MD, PhD, MBA

- Senior Research Associate
- Department of Health Sciences and Sport Medicine
- Year of birth: 1970

### Qualifications, academic degrees

#### University degrees

- University of Szeged, School of Medicine, Szeged, Hungary – Doctor of Medicine (MD)
- Truman State University, Kirksville, Missouri, USA – Finance, Economics – Bachelor of Science (BSc)
- Case Western Reserve University, Cleveland, Ohio, USA – Master of Business Administration (MBA)

#### Academic degrees and titles

- PhD – Hungarian University of Sports Science
- Occupational health physician (OHP)

### Professional career

#### Previous and current jobs, positions and titles

- 2024- Senior Research Associate – Hungarian University of Sports Science, Department of Health Sciences and Sport Medicine
- 2023- Research Associate – Semmelweis University, Department of Sports Medicine
- 2000-2005 Lecturer – University of Debrecen, School of Public Health

### Language skills

language	speaking skills	writing skills	reading skills	take part in a media event?
English	excellent	excellent	excellent	yes

### Research, expert activities

### *Field and discipline*

- *Exercise science*
- *Neuroscience*

### *Current research topics*

- *Delayed-onset muscle soreness (DOMS)*
- *Non-contact injuries*
- *Amyotrophic lateral sclerosis*
- *Dry eye disease*
- *Psoriasis*
- *Autoimmune diseases*

### *Former research topics*

- *Cardiovascular epidemiological studies*
- *Worksite epidemiological studies*

### *Membership of a scientific or professional organization or body*

- *Member of the public body of the Hungarian Academy of Sciences*

## *Publications*

- *My publications in MTMT (Catalogue of Hungarian Scientific Works):*  
<https://m2.mtmt.hu/api/author/10077576>
- *36 scientific publications with a cumulative impact factor of 105*
- *Citations in MTMT2: 306*
- *Hirsch index: 12*

## *Contacts*

### *University residence*

- *Building: L5*
- *Phone number(s): +36 1 487-9275*
- *E-mail address: bsonkodi@gmail.com*

### *Other professional profiles*

- *MTMT: <https://m2.mtmt.hu/api/author/10077576>*
- *Google Scholar: Balazs Sonkodi*
- *Research Gate: <https://www.researchgate.net/profile/Balazs-Sonkodi>*

