

# Balázs Kun-Szabó

- PE teacher
- Department of Athletics 1989

# Qualifications, academic degrees

## University degrees

- Hungarian University of Sport Science: PE teacher and coach
- Hungarian University of Sport Science: PE teacher Masters

# Professional career

## Previous and current jobs, positions and titles

- Vasas Basketball Academy Fitness coach
- Vasas SC athletic coach, jumps and sprint
- Sashegyi Arany János High School

### Coaching Activity

## Árpád Bánóczy

European Chapionship 22 place 2024 National Champion 2x

#### Lilianna Bátori

u18 European Champion 2024 u20 Word Championship 4. place 2024 National Champion

## Key study trips, missions

- Word Championship 2023 Budapest
- European Championship 2024 Roma
- U20 Word Championship 2024 Lima
- U20 Eurpean Chapionship 2021 Tallin
- U23 European Championship 2023 Espoo
- U18 European Championship 2018 Győr,2024 Banskabystrica





# Language skills

	language	speaking skills	writing skills	reading skills	do you do media appearance?
	english	midle	midle	midle	no
_	german	basic	basic	basic	no

# Research, expert activities

Major subjects and topics taught

- Basic of Athletics
- Fitness Ability
- Athletics of Jumps and sprints

## Field and discipline

- Sportscience
- Biomechanic

### Current research topics

- connection of drop jumps and the high jump
- connection of Counter movement jumps and sprint

### Former research topics

- 400m runners lactat level research
- analysis of the u18 combine athlete progressions

## Expert advisory activities

• Advisory of Hungarian Athletics Association of youth categories

## **Contacts**

### University residence

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