

Visit of Prof. Dr. Miklós Bánhidi at the Sports University of Tirana

Last week, Prof. Dr. Miklós Bánhidi, faculty at the Recreation Department visited the Sports University of Tirana, Albania (SUT) in the framework of our International Credit Mobility project.

During his mobility, beyond the classroom engagement, where Prof. Dr. Bánhidi demonstrated the socio-economic role of recreational areas through international examples, students had the opportunity to follow his lectures also outdoors at a water sports camp organized by SUT, besides these teaching opportunities, Prof. Dr. Bánhidi also offered special consultation opportunities for those interested.



Prof. Dr. Bánhidi, highlighted that in addition to the various sports activities organized in the water camp (SUP, sea kayaking, diving), the students received methodological training related to sports, as well as some ideas for starting a business. He further noted that the students of the Hungarian University of Sports Science (HUSS) may have an excellent opportunity to expand their knowledge and experiences, since due to the different geographical conditions they could acquire knowledge about new sports, skills and abilities unknown to them, not to mention the possibilities of expanding their professional networking.

During his visit, Dr. Bánhidi represented HUSS at various professional meetings in addition to his compulsory classes. There are various possibilities of cooperation with the

Department of Recreation of HUSS in the field of education (active participation in the creation of a BSc in English), research (hosting a youth research group in Tirana, developing education with relevant Hungarian literature), Erasmus + (further mobility support) and sports (inviting SUT students to take part in a joint European dance group).



Overall, this mobility was highly successful, since the educational activities carried out during the seven-day long visit, as well as the various discussions strengthened the co-operation between the two institutions and made it possible to prepare further concrete ideas for implementation. As a next step, two more junior faculties from HUSS Recreation Department will participate in the mountain camp organized by SUT early July, followed by Prof. Dr. Gécsi Gábor, Head of Institute and Dr. habil. Judit Kádár, International Director visit to settle two joint projects.